



7th grade Handout 7. Sports and free time activities

Objective: understand a text and identify, express preferences about sports and activities

1. Sports and free time activities

a) cycling (sport)



b) judo



c) gymnastics



d) skateboarding



e) ride a bike



f) tennis



g) golf



h) soccer / football



i) running



j) skiing



k) hockey



l) swimming



2. Express preferences

Expressing likes 	Expressing dislikes 
I love ...	I hate...
I like...	I don't like...
I prefer...	I dislike...
Positive preferences	Negative preferences
Example: I like reading books 	Example: I don't like dancing 



Dayana Rodríguez R.

Tennis experiences

Fiona

In the last few years, I really started to love tennis. Recently I have been playing at least twice a week, which is really helping me keep fit. People are really nice, so after playing I usually stay for a drink with some of them. I like tennis because it is a very psychological game – you need determination and concentration. You can't hide when you're out there on the court. If the match isn't going well you can easily get into a bad frame of mind, so you have to battle against yourself as well as against your opponent. Also, I love watching tennis on TV, as the players' skill and fitness are breathtaking. Of course, they practice a lot, but it's also about natural talent. I could practice tennis for 5 years and won't win a point against a professional tennis player.

Dave

Tennis has to be one of the most boring sports in the world. Watching a little ball go backwards and forwards for two hours, while the players make ridiculous grunting noises – you call that entertaining? Also, in Britain, I can't stand the hype in the media whenever one of our players has a chance of winning an important tournament. They always lose in the end, of course. Why can't we just accept that we're not very good? As for playing tennis, it's even worse than watching. I tried it for a while when I was a kid, and it was one of the most frustrating things I have ever done. Hitting the ball and seeing it go into the net almost every time is enough to put anyone in a bad mood. I remember my dad said I should practice by hitting a ball against a wall. Well, I tried it, and it was a disaster. The wall beat me every time.

Read and answer true or false

- a) _____ Fiona practices tennis 2 days a week.
- b) _____ According to Fiona, determination and concentrations are not important for playing tennis.
- c) _____ Fiona says that playing tennis is good only because of continuous practice.
- d) _____ Dave loves playing tennis.
- e) _____ Dave thinks that the players sound ridiculous.
- f) _____ Dave played tennis when he was a kid.
- g) _____ Dave thinks tennis is an amazing sport.